

The Seven Sacred Teachings of the Grandfathers



Truth is to know all of these things: To learn Truth, to live with Truth, to walk with Truth, and to speak Truth, not deceiving yourself or others. Truth is to know and understand all of the original laws as given by the Creator and to remain faithful to them.



Humility is to know yourself as a sacred part of Creation. You are equal to others, no better or no less. Humble yourself and recognize that no matter how much you think you know, you know very little of all the Universe.

Always be Honest in word and action. Be Honest first with yourself, and you will more easily be able to be Honest with others.



Courage or Bravery is to face the foe with integrity. . It is to do what is right even when the consequences are unpleasant or painful. To have the mental and moral strength to overcome fears that prevent us from living our true spirit as human beings is a great challenge.

TRUTH

WISDOM

Wisdom is given by the Creator to be used for the good of the people. To have Wisdom is to know the difference between good and bad, and to know the consequences of one's actions.



HUMILITY

LOVE

To know Love is to know peace. Love must be unconditional. When people are weak, they need Love the most. If one cannot Love oneself, it is impossible to Love anyone else. Spirituality is at the core of this teaching. Love is Reciprocal.



HONESTY

RESPECT

To honor all Creation is to have Respect. All of Creation should be treated with Respect. One must Respect others, their beliefs, and Respect yourself. If you cannot show Respect for others, you cannot expect it to be given to you. Like Love, it is Reciprocal.



COURAGE

Starkey, J. A., Jr. *The Native American Experience*, pp. 93-100

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